

EXCURSIONS NORTHBOUND



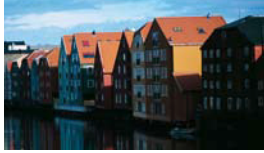
Geiranger



Ålesund



Nidarosdomen



Trondheim



Svartisen



RIB safari, Saltstraumen (Photo: Stella Polaris)



Arctic Cathedral, Tromsø

A voyage on Hurtigruten is The world's most beautiful voyage, because it sails along The worlds most beautiful coast.

If you want to take a closer look at Norway, we arrange a wide range of excursions on shore. Our excursion program is eventful and range from city sightseeing to museums to sea rafting. Highly qualified local guides and modern busses will ensure that the excursions will be both interesting and comfortable. Some excursions might be fully booked, and we therefore recommend that excursions are booked in advance.

No. Excursions northbound sailing

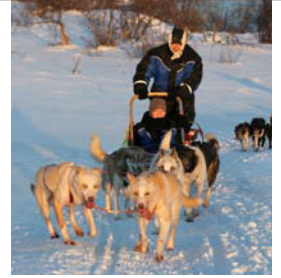
- 2A Geiranger Panorama 1 (16.04. – 31.05.):** Trip by coach through the magnificent landscape of western Norway. The trip finishes before Trollstigen opens. Geiranger has recently been included in UNESCO's list of World Heritage Sites, and was voted as the world's most beautiful holiday destination by National Geographic in 2004. At the heart of the Geiranger Fjord the dizzying Ørneveien route offers us a bird's eye view of the fjord, before we reach gentler terrain on our way down towards the ferry port of Eidsdal. We continue along the Storfjord to Sjøholt and the town of Ålesund where we end our journey by a short sightseeing in the famous art nouveau town.
- 2B Geiranger Panorama 2 (01.06. – 15.09.):** Guided trip by coach through the magnificent landscape of western Norway. One of the highlights is Trollstigen. The drive down Trollstigen is full of hairpin bends, before the terrain becomes easier. The wide Romsdalsfjord lies in gentle contrast to the mountains. Only the mountain ranges to the south are a faint reminder of our climb to the skies. We conclude with a short sightseeing tour of Molde before we embark Hurtigruten.
- 2C Art Nouveau Tour Ålesund (16.09. – 15.04.):** City walk in the art nouveau town Ålesund. A guided walking tour of this vibrant city provides a good insight into Ålesund's history and people.
- 3A Nidaros Cathedral and Ringve Museum (17.04. – 02.10.):** Trip by coach in Trondheim incl. a visit to the magnificent Nidaros Cathedral and Ringve Museum, The National Museum of Musical history. There is an intimacy and charm about Trondheim that few large towns can match, perhaps because so many of the fine buildings are in wood.
- 3B Trondheim sightseeing incl. Nidarosdomen (03.10. – 16.04.*):** Guided trip by coach including a visit to the magnificent Nidaros Cathedral. Co-ordinated with the southbound ship in the winter season. Please remember that photographing is not permitted in Nidaros Cathedral.
- 4A Svartisen – Glacier adventure (04.04. – 03.10.):** An exciting trip to Norway's second largest glacier, by boat and coach. On this excursion we will visit Svartisen, the second largest glacier in Norway. This icy enchantress has attracted tourists since the turn of the century, and during our excursion we will reveal some of the reasons for this. Just south of Ørnes we board a smaller vessel that will take us through the narrow straits to the Svartisen Pavilion at the Engabreen branch of the glacier. The journey onwards is along the beautiful coast of Helgeland on board a modern express boat where you get a close up view of the local community. Weather permitting, we might visit a fishing-village. There will a guide along to tell us about this mythical area. In Bodø, we rejoin Hurtigruten.
- 4D RIB safari Saltstraumen (10.04. – 31.10.):** By RIB's (rigid inflatable boats) to Saltstraumen, the world's strongest tidal current. This is a fully guided tour, and everyone will be wrapped up warm in thermal suits, gloves and boots. Glasses will be provided.

- 5A The Arctic Capital Tromsø (*All year round):** Guided trip by coach in Tromsø, including a visit to Polaria and the Arctic Cathedral. First we will be visiting the Polaria Centre – a visitor centre about the Arctic. The building resembles huge blocks of ice that have been thrown ashore from the mighty ocean, and is filled with icy landscapes, arctic nature, the flora and fauna of Svalbard, ice, snow, seals and the Northern Lights. The Arctic Sea also dominates the architecture – we will be visiting the Arctic Cathedral, which is Tromsø's largest attraction. The building rises some 40 metres into the air like a mountain of ice and the whole of its eastern wall consists of an enormous glass mosaic.
- 5B Dog-sledding, Tromsø (01.11. – 30.04.):** Husky-sledding over open plains, serving in lavvo. We will be getting as close to the North Norwegian winter as possible. After a short drive to Kvaløya Island near Tromsø we will be changing into warmer clothes, shoes, gloves and hats. Outside the huskies are harnessed to the sled, eagerly waiting to transport us over the beautiful landscape. By the end of the trip we will be served coffee and cakes around the open fire in the lavvo.
- 5C Scenery and huskies, Tromsø (01.06. – 31.08.):** Tromsø Wilderness centre: Outdoor activity with possibilities for short hiking tours, visiting the dogs and enjoying the beautiful landscape. We visit Tromsø Wilderness Centre on Kvaløya, a beautiful site with an exciting past and a fascinating flora and fauna, framed by mountain, sea and plains. Serving of coffee and cake.
- 6A The North Cape (All year round):** Guided trip by coach from Honningsvåg to the North Cape, the top of Norway. We'll travel by bus towards the 71st parallel. In summer, reindeer can often be seen grazing by the roadside and we will also be passing a small Sami camp. The North Cape itself rises a sheer 307 metres out of the icy ocean. You are unlikely ever to find yourself further north than this. The Nordkapphallen is an experience centre where you can enjoy wide screen films about the North Cape and Finnmark.
- 6B Birdwatching (01.05. – 31.08.):** Guided trip by coach to Gjesvær. A unique opportunity to find out more about the flora and fauna of the region. We set out by bus from Honningsvåg for the little fishing hamlet of Gjesvær, with its 120 inhabitants. From here we continue by boat to Gjesværstappan nature reserve, a group of nesting cliffs in the form of an archipelago with almost hundred islands of all different sizes. There are approx. 3 million nesting birds on the island.
- 7A The Russian Border (*All year round):** Guided trip by coach from Kirkenes to Storskog and the Russian border. You are allowed to take photographs, but crossing the border is not permitted. The coach takes you on a mini sightseeing tour of Kirkenes city centre before you cross the river Pasvikelva which marks the border.
- 7B Riverboat safari (01.06. – 10.09.):** Boat trip with a local guide along the Pasvik river to the Russian border. The Pasvik River tells of a long cultural history, best appreciated from the water, so we shall travel a few kilometres upriver in typical river boats.
- 7C Snowmobile safari, Kirkenes (15.12. – 05.05.):** Excursion by snowmobile. We drive snowmobiles – and you can drive yourself if you like! Everyone will be dressed in good, warm clothes and plied with piping hot coffee, dried reindeer meat or Russian sweets in the warmth of the lavvo. Snow and speed - experience the different side of winter in Finnmark. Remember to bring your driving licence if you would like to drive the snowmobile yourselves.

The programme is subject to change during the sales period. During the 2007 season new excursions will be tested and might be included in the programme after this publication. Please find more description, prices and conditions on our website www.hurtigruten.com

**Can not be prebooked in the period of 01.01. – 28.02. and 01.11. – 31.12.)*

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Dog sledding, Tromsø



Scenery and huskies, Tromsø (Photo: Tromsø Villmarksenter)



The North Cape



Birdwatching



The Russian border



Snowmobile (Photo: Barents Safaris)

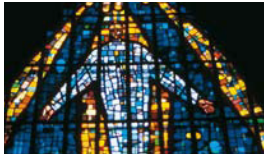
EXCURSIONS SOUTHBOUND



The North Cape



The sami culture



Stained glass window, Arctic Cathedral



Harstad – Sortland



Lofoten



Nidarosdomen

No. Excursions southbound sailing

- 8A Breakfast at the North Cape (08.05. – 07.10.):** Morning at the North Cape is a unique experience. A fascinating coach trip through a dramatic landscape, including breakfast at the North Cape. After breakfast we drive along the west side of the mighty Porsanger fjord towards Hammerfest. Embarkation in Hammerfest, the northernmost town in the world. By the way, Hammerfest is hosting the hi-tech Snohvit Project with Europe's first full scale LNG installation.
- 8D Sami experience (20.06. – 15.08.):** This excursion gives you a taste of the sami culture. In the old turf hut Goahiti we are entertained with stories and the joik, then welcomed to table in the new building in Sea Sámi style. Here we can taste Sámi delicacies like reindeer, smoked fish and cloudberries. Our hosts tell us about the building style, the food and traditional crafts. Sámi hand crafts are available for purchase.
- 8C Midnightsconcert (22.04. – 30.09.):** Enjoy a selection of Norwegian folk music, hymns and classical songs in the beautiful Arctic Cathedral. The Arctic Cathedral itself is also impressive. Victor Sparre's amazing colourful 140 m2 stained glass window is the largest in Europe. The programme may vary. Photographing not permitted during the concert.
- 9A A taste of Vesterålen (*All year round):** Guided trip by coach through breathtaking scenery. This excursion is a journey through viking times, the middle ages and up to our own century. We visit the world's northernmost medieval church, Trondenes Church, and Trondenes Historical Centre. On the drive across Hinnøya from Harstad to Sortland, nature shows us its best face. Hidden between the peaks of Vesterålen lie rich and fertile pockets of farmland: idyllic in summer, and just as pretty in the snow. This is an eventful trip, experiencing nature and culture: a fine excursion at any time of year.
- 9B Lofoten (01.04. – 08.09.):** Guided trip by coach in Lofoten. We visit Henningsvær, one of Lofoten's best known and most charming fishing stations. Thrilling artwork and delightful pictures capture the past and the toil on the sea all superbly portrayed by Karl Erik Harr. Although these pictures are fantastic, it's far better to experience Lofoten first hand. The coach trip takes us through the islands' famous mountain landscape – just relax and enjoy the views.
- 9C Sea eagle safari (01.04. – 15.09.):** Just north of Trollfjorden* is the sea eagles realm, where you will join a smaller boat. We pass through a narrow sound with steep mountains on one side. This is where the sea eagles dwell. The excursion lasts from 45 minutes to an hour and if we are lucky, we will be visited by up to 5-6 majestic birds circling the boat. Afterwards we set our course for Svolvær arriving at the quay about 5 minutes ahead of the Hurtigruten ship. In less than two hours you will have experienced the king of birds. * Please note that Hurtigruten sails into the Trollfjord from the end of April.
- 11A Trondheim sightseeing (*All year round):** Guided trip by coach including a visit to the magnificent Nidaros Cathedral. Please remember that you are not allowed to take photographs in the cathedral.

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YOUR QUESTIONS ANSWERED TO ENSURE A VOYAGE OF A LIFETIME

CABINS

Cabins aboard the ships are comfortable and cozy. Most feature two lower berths, while some have a mix of two lower and upper/lower berths. Suites and junior suites (some with a balcony and Jacuzzi) are also available. All cabins have private facilities. All ships, except the two classic vessels, have one or more cabins that are wheelchair-accessible.

CABIN NUMBERS

We will usually advise your cabin number when you make your booking. Exceptions are for the summer and winter tours for the shorter sectors, where the cabin grade will be confirmed in advance and the cabin number allocated at embarkation.

CURRENCY

Norwegian currency (NOK) is used on board. Travellers' cheques and most major currencies may be exchanged. Visa, American Express, Master Card and Diners Card are all accepted. A cruise card which acts as a credit card may be used for payment for extras on most ships.

DOCTOR

Although the ships don't have medical facilities or doctors on board, they are regularly in sight of land. Should a medical emergency arise, the reception staff will contact a doctor at the nearest port. In addition, on board officers are trained in first aid and can provide emergency assistance.

ENTERTAINMENT

The emphasis on board is on relaxation and getting away from the commercial entertainment which is so often a part of conventional cruises. Our aim is to get closer to unique environments and share the experience with fellow passengers. Occasionally some musical entertainment on some stretches of the voyage may be offered but there is no organised programme.

INFORMATION

There will be an information meeting on board on the evening of departure from Bergen and Kirkenes. You will also receive an information pack. In addition, a Daily Bulletin will keep you informed during your journey.

LAUNDRY

Laundry rooms with washing machines, tumble dryers and irons are available on the newer ships. Tokens can be purchased at reception. On board MS Lofoten and MS Nordstjernen, arrangements for laundry can be made with the crew.

MEALS

Passengers are requested to go to the restaurant on embarkation to make their table reservation.

The usual meal times are: breakfast from 08.00 to 10.00 hours (open sitting); lunch from 13.00 hours (open sitting); dinner from 18.00 hours.

During high season, there are several sittings, the times of which will be shown on board.

The food is Norwegian and breakfast is buffet style with a selection of cold meats, cheese, eggs, cereals and fruit. Lunch is the famous Cold table with a choice of fish dishes, cold meats, salads, a selection of hot dishes, desserts and fruit. Dinner is a three-course set meal; there is not usually a choice of menu. Occasionally the Cold Table may be served in the evening and the set meal at lunch time.

Special diets, e.g. vegetarian can be provided if requested in good time. Passengers on strict diets, e.g. vegans, may find that there is a limited choice. All vessels are fully licensed; the prices on board are the same as in Norway.

SHOPPING

There is a shop on board all but the traditional ships. They sell souvenirs, knitwear, books, postcards, postage stamps and a limited supply of toiletries. On MS Lofoten and MS Nordstjernen this service is handled by the coffee shop.

SHORE EXCURSIONS

If you wish to secure space on shore excursions during high season, we advise you to pre-book and you will pay for this in advance. Remaining seats will be sold on board in Norwegian Kroner and prices may vary as a result of currency exchange rates, or local changes. It is not possible to prebook within 14 days of departure.

Excursions and their content are subject to maximum/minimum numbers and local conditions.

SMOKING

Smoking is not permitted in cabins or public areas. It is allowed on open deck but prohibited at all times when the ships are in port.

STABILISERS

With the exception of the four oldest ships in the fleet vessels are equipped with stabilizers. On the coastal route the ships enter the open sea, for a few hours, on only a few occasions during the whole voyage. The majority of the time the ships sail between mainland Norway and the coastal islands where the sea is generally calmer.

TEA/COFFEE

Except for the suites on the three newest ships, cabins do not have tea/coffee making facilities but beverages may be purchased around the clock.

TELEPHONE

All ships have pay phones, and phone cards can be purchased from reception. Private mobile telephones may be used on board.

TIPPING

Hurtigruten has a non-tipping policy. However, if you feel that crew members should be rewarded for providing exceptional service this is entirely at your discretion.

VALUABLES

Cabins are not equipped with a safety deposit box. Valuables may be handed in at the reception for safe-keeping in the ship's safe. Hurtigruten Ltd. cannot accept liability for the loss of valuables.

VISA

Please check with your local consulate or embassy.

VOLTAGE

This is 220 volts A.C. You will require a continental 2-pin adaptor.

WHAT TO WEAR

On board dress is informal. Although some passengers choose to change for dinner the dress code is "smart/casual" rather than formal. The weather in most of our destinations can vary during the course of each voyage or even during the day. To cater for these variations we recommend the layered dress approach that enables you to adapt to changes in temperature, wind and precipitation conditions easily. For all voyages we advise you to take breathable rain and windproof clothing. A warm hat, gloves, scarf and thermal clothing can be useful, together with thermal underwear, during the winter months. On land where it may be icy, sturdy shoes are important for shore excursions and a walking stick/trekking pole may be useful. You should pack a pair of UV protective sunglasses, even during the winter as the reflections of snow and ice can be harmful to the unprotected eye. Many ships offer a Jacuzzi on board, so take your swimsuit. Where necessary, excursions include use of appropriate clothing.

WORKING SHIPS

Our ships function as working ships calling at ports around the clock. You can expect some noise and vibration in a few cabins during loading of goods. This varies depending on the location of your cabin and the type of ship. Also, noise affects people differently and what may be a problem for one person may not be a problem for others. Please ask our sales consultants for advice on the best cabin location for you.

Should you have any further questions or see our terms and conditions of contract, please see our website www.hurtigruten.com